

Course Syllabus

Dates listed for each group.

Teal is the group meeting In person Nov - March every other Sundays

GOLD is the group meeting ONLINE Nov - Feb. Tuesday Evenings, 2 weeks on one week off

<p>Session1 (Nov 8, Nov 10)</p>	<p>Topic – It’s Just me. Going within Reading: <i>Chapter 5: Self Respect, Self Esteem, & Self Worth</i> *Optional Reading Orin’s Preface, Sanaya’s Introduction & Chapter one: Greetings from Orin Intuition Tools: Ground, Release & Replenish</p>
<p>Session 2 (Nov 22, Nov 17)</p>	<p>Topic -On Purpose: Trusting Your Intuition Reading: <i>Chapter 2: You can Live Joyfully,</i> <i>Chapter 12: Achieving Balance, Stability, and Security</i> Intuition Tools: Center, Shield, & Shine Bright</p>
<p>Session 3 (Dec 6, Dec8)</p>	<p>Topic – Just Say YES!, Crystal Clear Intention Reading: <i>Chapter 17: Living in Higher Purpose</i> <i>Chapter 4: The Art of Self-Love</i> Intuition Tools: Sounding your Soul’s note</p>
<p>Session 4 (Dec 20, Dec 15)</p>	<p>Topic – Authenticity – Remembering who you are Reading: <i>Chapter 6: Refining the Ego Recognizing who You are</i> Intuition Tools: Expansion and Receiving</p>
<p>DEC 29</p>	<p>Bonus Workshop - Intention and Attention</p>
<p>Session 5 (Jan 3, Jan 5)</p>	<p>Topic – Connection – The heart knows Reading: <i>Chapter 3: Changing the Negative into Positive</i> <i>Chapter 8: Love. Knowing the Wisdom of the Heart</i> Intuition Tools: Separation Field, Un-matching for self-healing</p>
<p>Session 6 (Jan 17, Jan 12)</p>	<p>Topic – Deeper Connection – Letting go of old habits Reading: <i>Chapter 7: Uniting Separated Selves</i> <i>Chapter 11: Feeling Inner Peace</i> Intuition Tools: Neutrality & Clearing your Field, and Clearing Spaces</p>

Session 7 (Feb 7, Jan 26)	Topic – Even More Authentic – Embracing your Gifts and Dreams Reading: <i>Chapter 14: Freedom is Your Birthright</i> <i>Chapter 18: Recognizing Your Life Purpose</i> Intuition Tools: Your Spirit in Your Body (Spirit in the Temple): Aligning with and living your highest self
JAN 31 (tentative)	Bonus Workshop Topic -Stop being D.I.S.'d Reclaiming parts of you that you Denied, Ignored, or Suppressed
Session 8 (Feb 21, Feb 2)	Topic – Just Say Yes!- The Control Room. Protection, Guides, and Allowing Reading: <i>Chapter 10: Appreciation, Gratitude and the Law of Increase</i> <i>Chapter 13: Clarity – Living in more Light</i> Intuition Tools: Reclaiming your Energy
Session 9 (Mar7, Feb16)	Topic – On Purpose – Taking Action, Compassion & Abundance Reading: <i>Chapter 15: Embracing the New</i> <i>Chapter 9: Opening to Receive</i> Intuition Tools: Changing Reaction to Response, Your Control Center, & “Not my circus, not my monkeys”
Session 10 (Mar 21, Feb 23)	Topic – It’s MY Life – Personal Power, Goals & Manifestation Reading: <i>Chapter 16: Taking a Quantum Leap</i> Intuition Tools: Inspired Creation and Manifestation
MARCH 30th	Bonus Workshop Topic – Owning It. – Personal Power, Goals & Manifestation

